

*SCENIC*



*VIEWS*

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Our Bi-monthly Newsletter

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July – August 2024

Issue #4



HOMEOWNERS, PLEASE JOIN US IN OUR  
MONTHLY MEETINGS!

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## **NEED INFORMATION OR ASSISTANCE? CONTACT US:**

**Board of Directors Contact email  
address:**

[bod@lakesofthemeadow.com](mailto:bod@lakesofthemeadow.com)

**Management Office: (305)554-6141**

**Recreation Office: (305)559-4899**

**Security Patrol 1: (305)813-5211**

**Security Patrol 2: (305)570-7158**

## **Lake Park Hours**

### **Gym and Park Hours**

Mon – Sat 7:00am-9:00pm

Sunday 7:00am-8:00pm

### **Office Hours**

Monday – Friday

7:00am-5:00pm

### **Allied Security**

Patrol 1: (305) 813-5211

Patrol 2: (305) 570-7158



# President's Corner

Eduardo Rodriguez

Dear Neighbors,

I hope you are all enjoying our long summer days, relaxing and experiencing the great amenities our beautiful community has to offer. We are excited to announce that Movie Night is back, a perfect time to enjoy nice evening with family and neighbors! Please check out the Lakes of the Meadow Scenic Newsletter to read about all our upcoming events. There are many activities for every member of the family.

As we celebrate Independence Day on July 4, 2024, come join us and bring your family and friends to our community event from 4 PM to 8 PM at Lake Park Center. There will be lots of entertainment and delicious food. Don't miss out on the Fireworks Show that night, starting at 9 PM, the skies will light up to wish the USA a Happy Birthday!

How time flies! With the new school year starting August 2024 remember to start your preparations early. During the 2024 Back-to-School Sales Tax Holiday, from July 29 to August 11, parents, guardians, and students can buy school supplies, clothing, and electronics like laptops and tablets tax-free, easing the financial burden of the new academic year.

The Board of Directors are reaffirming our unwavering commitment to fostering transparency and accountability within our community. I remain dedicated to upholding these principles and will continue to take proactive measures to ensure they are integral to all our operations. Moving forward, we will implement enhanced strategies and initiatives aimed at preventing issues before they arise, ensuring a more robust and transparent environment for everyone involved. Thank you for your continued trust and support.

Good news and on a very positive note, starting next year, Lakes of the Meadow will be implementing electronic voting for our 2025 annual election. This new system is designed to make voting more convenient, secure, and accessible for all our community members.

Electronic voting will streamline the voting process, allowing you to participate in our annual elections from the comfort of your home or on the go! This change reflects our commitment to enhancing community engagement and ensuring that every resident's voice can be easily heard.

Starting this month, the Board of Directors, in collaboration with our legal counsel, will begin a comprehensive review of our Lakes of the Meadow governing documents and our guidelines. This review is aimed at updating and amending to ensure alignment with the latest legal requirements and best practices. The new Florida Statutes will come into effect July 1, 2024, and October 1, 2024.

While we are committed to making this transition as smooth as possible. The revised guidelines documents will be shared with the community, and we encourage everyone to review them carefully. Please do not hesitate to reach out to the Board of Directors with any questions or concerns to our email address: [bod@lakesofthemeadow.com](mailto:bod@lakesofthemeadow.com). Thank you for your attention to this important matter. Together, we can ensure that Lakes of the Meadow remains a well-governed and a thriving community.

An open invitation to all our Lakes of the Meadow Members to attend our monthly Board meetings held in the Galleria at Lake Park Center, every third Wednesday of the month, starting at 7:30 PM. Homeowners can also view the Board meetings online live tv streaming at <https://app.votingportals.com>.

Thank you for your continued participation and support in making Lakes of the Meadow a wonderful place to live.

Warm regards,  
Eduardo Rodriguez  
President



# Recipe Isle



## Strawberry Bliss

### Directions:

**Step 1)** Preheat oven to 400°. In a large saucepan, bring water and butter to a rolling boil. Add flour all at once and beat until blended. Cook over medium heat, stirring vigorously until mixture pulls away from sides of pan and forms a ball. Remove from heat; let stand 5 minutes.

**Step 2)** Add eggs, 1 at a time, beating well after each addition. Continue beating until mixture is smooth and shiny.

**Step 3)** Spread into a greased 15x10x1-in. baking pan. Bake 20-25 minutes or until puffed and golden brown (surface will be uneven). Cool completely in pan on a wire rack.

**Step 4)** In a large bowl, beat cream cheese, sugar and jam until smooth. Beat in milk and pudding mix until smooth. In a small bowl, beat cream until stiff peaks form; fold into pudding mixture. Spread over crust. Refrigerate at least 1 hour.

**Step 5)** Just before serving, top with strawberries.

### Nutrition Facts:

1 piece: 377 calories, 22g fat (13g saturated fat), 131mg cholesterol, 332mg sodium, 40g carbohydrate (27g sugars, 1g fiber), 7g protein.



### Ingredients:

- 1 cup water
- 1/2 cup butter, cubed
- 1 cup all-purpose flour
- 4 large eggs, room temperature
- 1 package (8 ounces) cream cheese, softened
- 1/2 cup sugar
- 5 tablespoons seedless strawberry jam
- 3 cups cold whole milk
- 1 package (5.1 ounces) instant vanilla pudding mix
- 1/2 cup heavy whipping cream
- 3 cups quartered fresh strawberries

# Discovering Miami

## MAGICAL CANDLELIGHT CONCERTS IN MIAMI

This concert series known simply as "Candlelight" which have had tremendous success around the world has arrived in Miami! Listening to classical or jazz or contemporary music in an intimate and atmospheric setting of a candlelit concert is a delightful and magical experience.

These enchanting concerts feature a wide variety of genres, from Vivaldi and Tchaikovsky, operas and Broadway, to Frank Sinatra, Taylor Swift, Adele, Fleetwood Mac, ABBA... all played by talented musicians at a variety of gorgeous and unique indoor and outdoor venues including **Hotel Colonnade, Jungle Island, the Coral Gables Congregational Church...**

### General Info:

📍 Venue: Coral Gables Congregational Church

📅 Dates and times: select your dates/times directly in the ticket selector

⌚ Duration: 60 minutes (doors open 45 mins prior to the start time and late entry is not permitted)

👤 Age requirement: 8 years old or older. Anyone under the age of 16 must be accompanied by an adult

♿ Accessibility: this venue is ADA compliant

❓ View the FAQs for this event here

🪑 Seating is assigned on a first come first served basis in each zone

👤 If you would like to book a private concert or buy regular tickets for a large group (+30 people), click here

🎵 Check out all the Candlelight concerts in Miami

🎁 To treat your friends and family to a Candlelight gift card, click here



|                                                                                                                                                                                                                                                         |              |                 |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-----------------|
| <input type="radio"/>                                                                                                                                                                                                                                   | Zone C       | \$37.00 \$29.50 |
|                                                                                                                                                                                                                                                         | 20% discount | Sold out        |
| <input checked="" type="radio"/>                                                                                                                                                                                                                        | Zone B       | \$44.00 \$35.00 |
|                                                                                                                                                                                                                                                         | 20% discount |                 |
| <input type="radio"/>                                                                                                                                                                                                                                   | Zone A       | \$63.00 \$50.50 |
|                                                                                                                                                                                                                                                         | 20% discount |                 |
| <div>— 1 ticket +</div>                                                                                                                                                                                                                                 |              |                 |
| <div><div><div></div><div><b>Flexible cancellation</b></div></div><div>Reschedule hassle-free or claim a refund when you cancel up to 48 hours before the start time. No questions asked!</div><div>Add for \$3.50 <input type="checkbox"/></div></div> |              |                 |
| <div><div><div></div><div><b>Snapshot by Candlelight</b></div></div><div>Capture the enchanting candlelit glow. Strike a pose, and our photographers will print an instant picture for you.</div><div>Add for \$10.00 <div>— 0 +</div></div></div>      |              |                 |

<https://www.miamiscapes.com/2024-july-miami-events-holidays-festivals.html#spa>





# July



| Sun | Mon                                         | Tues                                             | Wed                              | Thu                                                                                                          | Fri                            | Sat |
|-----|---------------------------------------------|--------------------------------------------------|----------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------|-----|
|     | 1                                           | 2                                                | 3                                | 4th of 4<br>July event<br> | 5                              | 6   |
| 7   | 8                                           | 9<br>Rules &<br>Regulations<br>Meeting<br>6:30pm | 10                               | 11<br>ACC<br>Meeting<br>6:30pm                                                                               | 12                             | 13  |
| 14  | 15                                          | 16                                               | 17<br>Board<br>Meeting<br>7:30pm | 18                                                                                                           | 19<br>Kids<br>Bingo<br>7:30pm  | 20  |
| 21  | 22<br>Village<br>Homes<br>Meeting<br>6:30pm | 23                                               | 24                               | 25                                                                                                           | 26<br>Adult<br>Bingo<br>7:30pm | 27  |
| 28  | 29                                          | 30                                               | 31                               |                                                                                                              |                                |     |



# August

| <i>Sun</i> | <i>Mon</i>                                  | <i>Tues</i>                                       | <i>Wed</i>                       | <i>Thu</i>                    | <i>Fri</i>                     | <i>Sat</i> |
|------------|---------------------------------------------|---------------------------------------------------|----------------------------------|-------------------------------|--------------------------------|------------|
|            |                                             |                                                   |                                  | 1                             | 2                              | 3          |
| 4          | 5                                           | 6                                                 | 7                                | 8<br>ACC<br>Meeting<br>6:30pm | 9<br>Movie<br>Night<br>7:30pm  | 10         |
| 11         | 12                                          | 13<br>Rules &<br>Regulations<br>Meeting<br>6:30pm | 14                               | 15                            | 16                             | 17         |
| 18         | 19<br>Village<br>Homes<br>Meeting<br>6:30pm | 20                                                | 21<br>Board<br>Meeting<br>7:30pm | 22                            | 23<br>Kids<br>Bingo<br>7:30pm  | 24         |
| 25         | 26                                          | 27                                                | 28                               | 29                            | 30<br>Adult<br>Bingo<br>7:30pm |            |

# *Fitness at the Meadow*



## Total Fitness Class

Fitness instructor: Desiree  
Monday-Friday  
8:30am-9:30am

## Yoga Class

Fitness instructor: Haydee  
Monday  
6:00pm-7:00pm

## Body Sculpting class

Fitness instructor: Ivette  
Tuesday & Thursday  
6:00pm-7:00pm

## Yoga Class

Fitness instructor: Haydee  
Wednesday  
6:00pm-7:00pm





## Fundamental Definitions Used in Sports and Fitness

If you are a fitness enthusiast or new in sports, these universal definitions will help you better understand how movement of the bones, ligaments, and muscles occur in the human body.

**Flexion:** is defined as the decreasing of the angle form by the bones of the joint.

**Extension:** is defined as the increasing of the joint angle between two body parts.

**Abduction:** is defined as movement away from the midline of the body.

**Adduction:** is defined as movement towards the midline of the body.

**Medial rotation:** is a rotational movement towards the midline. It is sometimes referred to as “internal rotation.”

**Lateral rotation:** is a rotating movement away from the midline. This is in the opposite direction to the movements described above.

**Elevation** refers to lifting, and **depression** refers to lowering.

### Sagittal Plane

- Divides the body into left and right halves
- Median plane refers to the midline
- Paramedian plane refers to subdividing one half Coronal Plane
- Divides the body into anterior and posterior halves Transverse axial plane
- Divides the body into superior and inferior halves

There are many more definitions, but these are the basic you should get familiar with to better understand instructors, coaches, and fitness literature.

LAKES OF THE MEADOW  
ADULT SOFTBALL  
GAME EVERY SATURDAY  
AT 10AM



## PLUMBING SERVICES

Repairs & Installations

Free Estimates

Low Prices

**Call Daniel**

**786-200-2896**

Lakes of the  
Meadow Resident  
Serving Since 2001



## Home repair solutions

Damaged wood repair

Wooden Fences

Paint, Plaster, Drywall

Tile & Marble

Serving Lakes of the Meadow for 12  
years!

**Angel Garcia: (305)303-8505**



# Community's Corner



## **INFORMATION ON PARKING:**

In Lakes of the Meadow Community, it is prohibited to park your vehicle on all green areas, both common and private areas as per the Rules and Regulations Guidelines. Avoid receiving a Violation Notice fine. Exceptions will be made for events sanctioned or approved by the Board of Directors or temporary circumstances in which Lakes of the Meadow Security must be notified.

## **INFORMATION ON TRASH:**

Under no circumstances may any trash or rubbish disposed on the Common Areas, nor may it accumulate on any portion of the Properties within street view, unless a Miami-Dade County Bulky Waste Collection Pickup Request has been made. Upon scheduling the request with the County, the owner must inform LOMMA Management Office and provide their conformation number. To schedule a pickup date, you may go online to [www.miamidade.gov](http://www.miamidade.gov) or call 311.

## **ARCHITECTURE CONTROL GUIDELINES:**

Homeowners must file applications for all modifications to buildings, fences, walls or other structures or improvements, including landscaping. Submit an attach copy of a survey and all other documents required in Lakes of the Meadow Guidelines. Every owner, his tenants, family, guests, invites, employees, and occupants, must be in compliance with the Rules and Regulations. Failure of an owner, tenant or occupant to comply, Lakes of the Meadow has grounds for legal actions which include, without limitations, a combination of fines that may be imposed upon an owner failure to obey with any covenant, restriction, rule and regulations. For further information, please contact the management office for assistance.

## **Leash Law:**

**When a dog goes off private property, it must be leashed at all times. Dogs are not permitted to roam free off private property. As per Lakes of the Meadow Rules and Regulations and as per Miami-Dade County Animal Services if you don't comply you will be fined.**

# Manager's Corner

Leticia Suarez



Dear Resident,

As the temperature rises and the days grow longer, summer presents a unique opportunity to spend more time with family and friends outdoors. Summer safety should always be a priority for you. Make sure to drink plenty of fluid and take several breaks from the heat, especially at midday when the sun is the hottest.

As we head closer to Independence Day weekend. Let's celebrate America's independence together, honoring a Country of Freedom. Don't forget our annual Fourth of July celebration as space is limited, we recommend you reserve your spot as soon as possible.

Please remember hurricane season began June 1st and continues through the end of November. Forecasters are predicting a busy season this year. Here are a few reminders:

- **Secure Hurricane Shutters and Moveable Objects-** Each unit resident (owner or tenant) has the duty to close and secure all hurricane shutters/accordion in the event of a Tropical Storm or Hurricane Warning and remove all furniture, potted plants, hoses, and other movable objects from areas that are not enclosed by shutters, such as patios, entry ways and yards. If unit resident will be absent or is unable to personally close and secure the shutters, resident must plan for someone else to assume that duty.
- **Trees inside backyards-** In preparation for hurricane season all trees inside backyards must be trimmed to ensure the safety of the community. Please aid in keeping the community free from debris. Do not place bulk garbage outside of your house for removal.

Please visit the following website for a complete guide to help you prepare yourself:  
<http://www.miamidade.gov/hurricane>

As always, thank you for your cooperation and support, please do not hesitate to contact management for any issues or concerns at [info@lakesofthefield.com](mailto:info@lakesofthefield.com).

Sincerely,

Leticia Suarez, LCAM

Community Association Manager

## How to Advertise in Scenic Views

If you are interested in placing an ad in Scenic Views, place a call to our office or email us. The deadline to place an ad in Scenic Views is Tuesday, August 20<sup>th</sup> for the September/October issue. All ads need to be sent as a PDF or JPEG file through the email listed below. Before submitting your ad, please make sure you proofread it. Deadline Date is the 20th of every month.

### Prices for ads

Contact the office:  
(305) 554-6141

Business Card Ad  
\$50

Half Page Ad  
\$150

Contact the Gym:  
(305) 559-4899

Quarter Page Ad  
\$100

Full Page Ad  
\$200

### RV Lot Rental

Yearly Rate: \$1200

**Recreation Vehicle Insurance Required**

Please feel free to contact our Management Office  
(305)554-6141

Due Dates:

May 1, 2024: \$600

November 1, 2024: \$600

### Galleria Rental Rates

6 Hours \$475      8 Hours \$600  
10 Hours \$725    12 Hours \$850

### Security Fees

1 Hour \$25.00      3 Hours \$65.00  
2 Hours \$45.00      4 Hours \$85.00

After 9PM additional security  
charges will apply:

**Security deposit \$200**

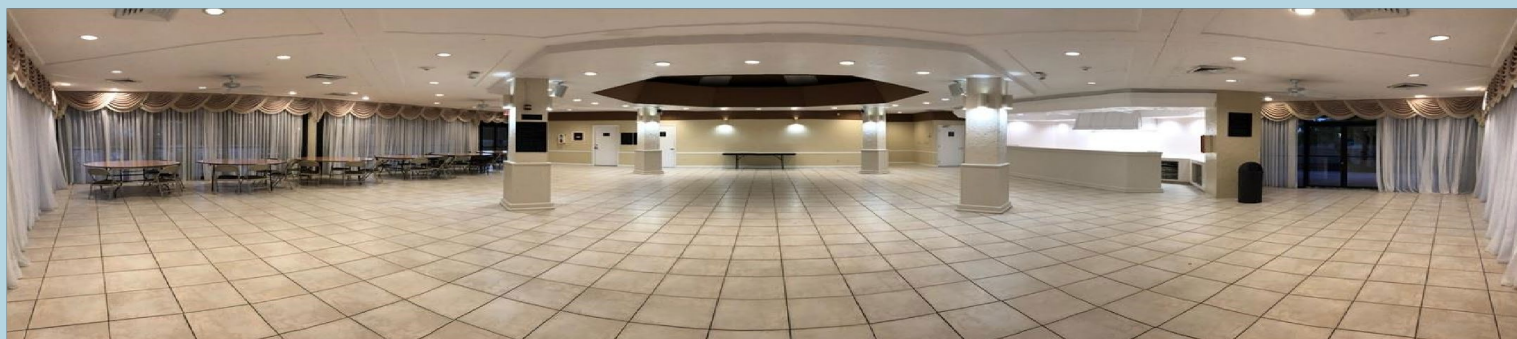
**Times include set up and clean up**

**Homeowners & Residents ONLY**

**Fridays, Saturdays, and Sundays ONLY**

**Rental, Security Fee & Security Deposit**

**Must be a Personal Check, Cashier's Check, or Money Order**



## Master Association Board of Directors

President: Eduardo Rodriguez  
Vice President: Jeffrey Wander  
Treasurer: Isis Castro  
Secretary: Amneryss Bird  
Director: Virginia Braddock  
Director: Jorge Bachman  
Director:



## Rules and Regulations Committee

Chairperson: Ileana Suarez,  
Ileana Maza, Isabel Garcia, Jose Cejas, Luis Aleman, Natasha Holstein and Ximena Alzate

## Architectural Control Committee

Chairperson: Silvio Amico  
Alejandro León, Marcia Fleming, Sergio Lopez, Manuel Garcia, Ray Raposo and Antonio Rodriguez

## Village Homes Association Board of Directors

President: Zaida Reyes  
Vice President: Kristine Ortega  
Secretary: Mercy Campusanos  
Treasurer: Nancy Sureda  
Director: Fernando Ramirez

## Master Association Administrative Office

Community Manager: Leticia Suarez  
Assistant Community Manager: Melissa Baca-Arus  
Executive Assistant: Mayda Garcia  
Administrative Assistant: Silvia Sanz  
Violations coordinator: Patricia Sequeira

## Recreation Department

Recreation Manager: Karina G.  
Assistant Recreation Manager: Julia Urtecho  
Recreation Staff: Kaylee Rodriguez Carlos Gonzalez, Dayanna Villafuerte, and Sholeh Yousefzadeh

## Janitorial

Staff: Juana Méndez and Ricardo Diaz

## Maintenance Department

Maintenance Supervisor: John Jefferson  
Maintenance Staff: William Ryan, Francisco López, Luis Gutierrez, Omar Gomez